



Mills Oakley expands workplace relations practice in Sydney

28 March, 2022

Leading independent law firm Mills Oakley is expanding its national workplace relations practice with the hire of **Dr Laura Sowden** from Barry.Nilsson in Sydney.

Dr Sowden represents clients across the full range of workplace relations matters including employment, discrimination and work health and safety advice and litigation. Laura also has a strong insurance focus, providing employment practice liability advice to a number of the best known Australian and global insurance companies.

Commenting on this hire, Mills Oakley CEO John Nerurker said:

“We were impressed with Laura’s track record in cultivating relationships with key clients and building a compelling practice offering. She is well known and regarded by a number of Mills Oakley insurance clients and the cross-pollination between the insurance and workplace relations aspects of Laura’s practice will be a particular strength for her here at Mills Oakley.”

Commenting on her decision to join Mills Oakley, Laura said:

“Mills Oakley has both an outstanding national workplace relations team and a pre-eminent reputation in the insurance sector, with strong synergies with my own client base. I feel fortunate to have joined a firm which offers such an excellent practice, client and cultural fit.”

Laura joined the firm last week with a team of one associate and two paralegals.

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