



Mills Oakley and clients put best foot forward for Steptember

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The partners, staff and clients of national law firm Mills Oakley are commencing October in a fit and fabulous fashion, having completed the Steptember challenge last month to raise funds for the Cerebral Palsy Alliance.

The Steptember initiative challenges workplaces to band together and take up an active lifestyle, with individuals aiming to take the equivalent of 10,000 steps a day as recommended by the World Health Organisation. Individuals and teams track their progress in the spirit of friendly competition, collecting contributions from sponsors which are dedicated to the Cerebral Palsy Alliance.

Construction partner Scott Laycock and competition partner Kathryn Edghill proved to be the most prolific fund-raisers in the firm, while associate Joe Pokoney covered the most ground, recording close to 500,000 steps. The team challenge was won by the MO-jitos, a heady cocktail of lawyers and clerks from the Melbourne property and planning teams comprising Caroline Mostafa, Drew Woods, Hannah Wilson and Tom Dugdale.

This year's Steptember saw a joint effort between Mills Oakley and two long-standing clients, beverage giant Coca-Cola Amatil (CCA) and global property company Goodman Group.

Mr Laycock said that his team was proud to participate in Steptember as part of CCA's Partner for Growth program, which encourages closer collaboration with suppliers to deliver improved performance and innovation.

"We jumped at the opportunity to get involved in such a wonderful initiative, and at the same time support CCA's health and wellbeing objective," he said.

Special Counsel Tom Dugdale said his team had been inspired to follow the lead of Goodman Group, who have been the Exclusive Global Partner for Steptember for three years and raised nearly \$1.5m globally to support cerebral palsy treatment and research.

"Participating in Steptember has given us a significantly greater understanding of the impact that cerebral palsy has on so many lives, all while improving our health and fitness. This is our second year of involvement, and we intend to have an even bigger Steptember next year," he said.

More information about Steptember can be found at <https://www.steptember.org.au/>

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